

Underachievement Profile

Whether your child is an underachiever or not can best be determined by a professional experienced in the field of underachievement. However, some behaviors to look for are:

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| 1. Your child is bright, scores average or better on intelligence tests, but consistently brings home poor grades. | Yes ☐ | No ☐ |
| 2. Teachers have been telling you for a long time that "your child doesn't apply himself/herself". | Yes ☐ | No ☐ |
| 3. Too much time is spent playing video games, texting, playing on the computer, watching TV or not doing anything constructive. | Yes ☐ | No ☐ |
| 4. Too little time is spent preparing for classes or doing homework. May even claim that there is not assigned work. | Yes ☐ | No ☐ |
| 5. May bring home the assignment but forget the book or alternately forget the assignment but bring home the book. | Yes ☐ | No ☐ |
| 6. Shows little initiative in doing household chores. Is not a "self-starter". Must be nagged to do most things. | Yes ☐ | No ☐ |
| 7. Is immature in relationships with adults. Sees any criticism as being "picked on". | Yes ☐ | No ☐ |
| 8. Often fails to complete projects, or loses interest even in things they say they want to do. | Yes ☐ | No ☐ |
| 9. Does worst in the important subjects like Reading, Math and English. | Yes ☐ | No ☐ |
| 10. Procrastinates. Answers most parent requests with "later" or "in a minute". Leaves school projects until the last minute. | Yes ☐ | No ☐ |
| 11. Has difficulty breaking down large projects into manageable pieces. Dislikes using/creating outlines. | Yes ☐ | No ☐ |
| 12. Seldom accepts responsibility for personal failure. Tends to blame "bad luck", things or other people. | Yes ☐ | No ☐ |

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| 13. Teachers report that your child is almost always behind in school work and lacks discipline and/or focus. | Yes ☐ | No ☐ |
| 14. Makes excuses for poor grades, like "the teacher is boring", "the class is irrelevant", or "I had a bad day". | Yes ☐ | No ☐ |
| 15. He/she seems to have a short attention span. | Yes ☐ | No ☐ |
| 16. Spends more time and energy working at getting out of tasks than completing them. | Yes ☐ | No ☐ |
| 17. Appears to make no realistic plans for the future. In fact, refuses to seriously discuss it. | Yes ☐ | No ☐ |
| 18. Your child can do well, but only when they feels like it. | Yes ☐ | No ☐ |
| 19. Becomes angry when things don't go exactly the way they want. | Yes ☐ | No ☐ |
| 20. Cannot save money regardless of how much they earn or are given. | Yes ☐ | No ☐ |
| 21. Lacks self confidence especially around youth their own age. | Yes ☐ | No ☐ |
| 22. Teachers say they can't work without one-on-one attention. | Yes ☐ | No ☐ |

Number of YES answers

- 1-3 Probably not an underachiever
4-7 Most likely an underachiever
8-20 Definitely an underachiever

Parents' notes/observations _____
